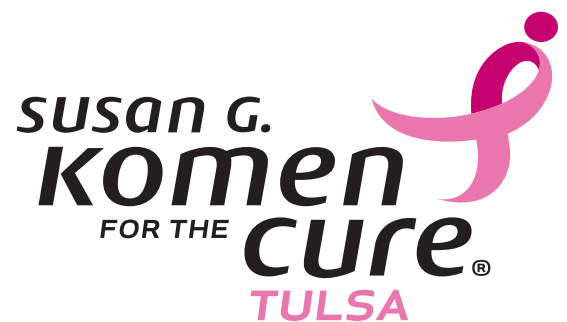


Komen Tulsa Affiliate Breast Health Directory



Tulsa Affiliate
5110 South Yale, Suite 415
Tulsa, OK 74135
(918) 392-2745
www.komentulsa.org



Our Vision A world without breast cancer.

Our Promise To save lives and end breast cancer forever by empowering people, ensuring quality care for all and energizing science to find the cures.

Our Story Born in a promise between two sisters—Nancy Brinker to her sister, Susan G. Komen, who died from breast cancer at the age of 36— Susan G. Komen for the Cure® is the world's largest and most progressive grassroots network of breast cancer activists fighting to cure breast cancer at every stage, from its cause to the painful anxiety it creates.

Tulsa Area Affiliate Since 1997, the Komen Tulsa Affiliate has worked to reduce breast cancer in Tulsa County by funding education, screening, and treatment programs with an emphasis on the medically underserved. With the help of the community in such events as the Komen Tulsa Race for the Cure® our Affiliate continues to offer caring support for local women and their families.

Susan G. Komen for the Cure has outlined the following breast self awareness points to keep you proactive concerning your breast health:

1. Know your risk

- Talk to your family to learn about your family health history.
- Talk to your doctor about your personal risk of breast cancer

2. Get screened

- Ask your doctor which screening tests are right for you if you are at a higher risk.
- Have a mammogram every year starting at age 40 if you are at average risk.
- Have a clinical breast exam at least every 3 years starting at 20, and every year starting at 40.

3. Know what is normal for you

- See your health care provider right away if you notice any of these breast changes:
 - Lump, hard knot or thickening
 - Swelling, warmth, redness or darkening
 - Change in the size or shape of the breast
 - Dimpling or puckering of the skin
 - Itchy, scaly sore or rash on the nipple
 - Pulling in of your nipple or other parts
 - Nipple discharge that starts suddenly
 - New pain in one spot that does not go away

4. Make healthy lifestyle choices

- Maintain a healthy weight
- Add exercise into your routine
- Limit alcohol intake
- Eat a well balanced diet
- Be tobacco free

For more information visit our Web site www.komen.org or call our breast care helpline 1-877-GO KOMEN (1-877-465-6636)

The following is a list of regional Tulsa resources available to assist those who have been diagnosed with breast cancer in the journey to recovery.

The Komen Tulsa Affiliate does not review the listings represented at these Web site links for content or accuracy, and a listing in this directory does not imply an endorsement of Susan G. Komen for the Cure®. Use of this information is offered for educational purposes and is not intended as a substitute for medical care. Please talk to your healthcare provider about any information you acquire from this directory.

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Mammography Screening

According to Komen guidelines, screening mammography begins at age 40 along with annual clinical breast exams. Annual clinical breast exams, performed by a qualified health care provider, should be performed close to your mammography exam.

To find an accredited mammography facility in your area, call 1 800-4-CANCER. You may qualify for cancer screening through the Oklahoma Breast and Cervical Cancer Program. To see if you qualify, call the Oklahoma State Health Department at 1-888-669-5934.

For those with limited financial resources or limited insurance coverage, Tulsa Project Woman may assist you with getting mammography scheduled.

Cancer Treatment Centers of America
10109 East 79th Street
Tulsa, OK 74133
1-800-931-0599 or (918) 286-5000
www.cancercenter.com

Hillcrest—Chapman Breast Center
1120 South Utica Avenue
Tulsa, OK 64194
(918) 579-8080
www.hillcrest.com

**Indian Health Care Resource Center of
Tulsa Mammography Center**
550 South Peoria Avenue
Tulsa, OK 74120
(918) 382-1284
www.ihcrc.org

**Morton Comprehensive Health Services,
Inc**
1334 North Lansing Avenue
Tulsa, OK 74106
(918) 587-2171
www.mortonhealth.org

**Oklahoma State University Medical
Center**
744 West 9th Street
Tulsa, OK 74127
Mammography scheduling
(918) 599-5555
Mammography Department
(918) 599-5044
www.osu-medcenter.com

Saint Francis Breast Center
6475 South Yale Avenue Suite 410
Tulsa, OK 74136
(918) 494-9270
www.saintfrancis.com/breastservices

St. John Medical Center
1923 South Utica
Tulsa, OK 74104
(918) 744-2345
www.stjohnhealthsystem.com

St. John Owasso
12451 East 100th Street North
Owasso, OK 74055
(918) 274-5000
www.stjohnhealthsystem.com

Mammography Screening... Continued

St. John Breast Center

8131 South Memorial Drive, Suite 104
Tulsa, OK 74133
(918) 252-1966 Scheduling
(918) 744-3000
www.sjmc.org

Southcrest Hospital

8801 South 101st East Avenue
Tulsa, OK 74133
(918)294-4000
www.southcresthospital.com

Tulsa Health Department

315 South Utica
Tulsa, OK 74104
(918) 594-4762
www.tulsa-health.org/about-us/facilities-locations/
Take Charge! Free breast screening program for women who meet financial criteria. Five locations available for screening.

Tulsa Project Woman, Inc

PO Box 470764
Tulsa, OK 74147 (918) 392-0822
www.tulsaprojectwoman.com/
Assists women with limited financial resources or limited insurance coverage with getting mammography scheduled.

Area Clinics for Women's Health

These Health Service organizations may provide women's health screenings for clinical breast exams, access to financial assistance and referral for screening mammograms.

Bedlam Clinic offers multiple locations

(918) 619-4400 Night Clinic (918) 619-4555
www.tulsa.ou.edu/medicine/bedlam/index.htm

Community Health Connection

9912 East 21st Street
Tulsa, OK 74129
(918) 622-0641
www.communityhealthconnection.org

Good Samaritan Health Services

7600 South Lewis
Tulsa, OK 74136
(918) 493-7884
www.goodsamaritanhealth.org

Morton Comprehensive Healthcare, Inc

1334 North Lansing Avenue
Tulsa OK 74106
(918) 587-2171
www.mortonhealth.org

Morton East Family Health Center

11520 East 21st Street
Tulsa, OK 74129
(918) 439-4422

Morton Midtown Family Health Center

102 North Denver, Suite B
Tulsa, OK 74103-1820
(918) 295-6942

Neighbor for Neighbor

505 East 36th Street North
Tulsa, OK 74106
(918) 425-5578
Women's Clinic—Appointment required
Scheduling(918) 764-9565
www.neighborforneighbor.org

Area Clinics for Women's Health... Continued

Neighbors Along the Line

5000 Charles Page Boulevard
Tulsa, OK 74127
(918) 582-3491 or (918) 584-1111
www.neighborsalongtheline.org

OU Women's Healthcare

4444 East 41s 3rd Floor, Suite B
Tulsa, OK 74135 4400
(918) 619-4400

Tulsa Dream Center

200 West 46th Street North
Tulsa, OK 74127 (918) 430-9984
www.thetulsadreamcenter.org

Tulsa Health Department

James O Goodwin Health Center
5051 South 129th East Avenue
Tulsa, OK 74134(918) 582-9355
www.tulsa-health.org

Xavier Medical Clinic

2450 North Harvard Avenue
Tulsa, OK (918) 583-7233
www.catholiccharitiestulsa.org

Area Free Clinics

Arms Around BA

Minor Medical Services
700 West Ft Worth Street
Broken Arrow, OK 74012
(918) 258-7714
www.armsaroundba.org
Minor medical assistance

Bedlam Clinic—OU

2815 South Sheridan
Tulsa, OK 74129
(918) 619-4400 days
(918) 619-4555 evenings
www.tulsa.ou.edu/medicine/bedlam/index.htm
Primary and preventative care

Broken Arrow Neighbors

322 West Broadway Avenue
Broken Arrow, OK 74012
(918) 251-7781
www.baneighbors.com
Minor illnesses, food, financial assistance,
legal aid

Good Samaritan Health Services

7600 South Lewis
Tulsa, OK 74136
(918) 493-7884
www.goodsamaritanhealth.org
Medical screenings, education, mental
health counseling

Indian Health Care Resource Center of Tulsa, Inc

550 South Peoria Avenue
Tulsa, OK 74120-3825
(918) 382-1284
www.ihcrc.org
Native American Breast Cancer Screen-
ing and Education

Morton Comprehensive Healthcare, Inc

1334 North Lansing Avenue
Tulsa OK 74106
(918) 587-2171
www.mortonhealth.org
Minor medical, dental, screenings,
education

Area Free Clinics... Continued

Neighbor for Neighbor

505 East 36th Street North
Tulsa, OK 74106
(918) 425-5578
www.neighborforneighbor.org
Medical, dental, optometric, food, legal,
life skills

Tulsa Dream Center

200 West 46th Street North
Tulsa, OK 74127 (918) 430-9984
www.tulsadreamcenter.org
Food, clothing, medical

Tulsa Health Department Sites

(918) 582-9355
www.tulsa-health.org/about-us/facilities-locations

Bixby Health Center

8120 East 126th Street
Bixby, OK 74008
(918) 369-3155
WIC, immunizations

Central Regional Health Center

315 South Utica
Tulsa, OK 74104
(918) 582-9355

Collinsville Health Center

1201 West Center
Collinsville, OK 74021
(918) 596-8650
WIC, immunizations, screening, child
health and guidance

Expo Square Health Center

4616 East 15th Street
Tulsa, OK 74112
(918) 582-9355
WIC, immunizations

James O Goodwin Health Center

5051 South 129th East Avenue
Tulsa, OK 74134
(918) 582-9355
WIC, immunizations, screening, educa-
tion, family planning

North Regional Health Center

5424 North Madison Avenue
Tulsa, OK 74126
(918) 591-6006
Breast exam/Pap Test screenings, immu-
nizations, family planning.
(918) 591-6010—WIC

Sand Springs Health Center

306 East Broadway
Sand Springs, OK 74063
(918) 591-6100
WIC, immunizations, screening, child
health and guidance, dental

Xavier Medical Clinic

2450 North Harvard Avenue
Tulsa, OK (918) 583-7233
www.catholiccharitiestulsa.org
Medical clinic

Area Hospitals

Bailey Medical Center

106 & North Garnett
Owasso, OK 74055
(918)376-8000
www.baileymedicalcenter.com

Cancer Treatment Centers of America

10109 East 79th Street
Tulsa, OK 74133
(918) 286-5000 Patient's Assistance
(918) 286-5108 1-888-298-3790
www.cancercenter.com

Chapman Breast Center at Hillcrest

1120 South Utica Tulsa, OK
(918) 579-8080
www.todayshillcrest.com

Claremore Indian Hospital

101 South Moore
Claremore, OK 74101
(918) 342-6200
www.ihs.gov/facilitieservices/areaoffices/oklahoma/index.cfm?module=claremore

Hillcrest Healthcare System

1120 South Utica Avenue
Tulsa, OK 74104-4012
(918) 584-1351
www.hillcrest.com

Oklahoma Surgical Hospital, LLC

2408 East 81st Street
Tulsa, OK 74137
(918) 477-5000
www.oklahomasurgicalhospital.com/index.cfm?id=62

OSU Medical Center

744 West 9th
Tulsa, OK 74127
(918) 599-1000
www.osu-medcenter.com

Saint Francis Hospital

6161 South Yale
Tulsa, Ok 74136
(918) 494-2200
www.saintfrancis.com

Saint Francis Hospital at Broken Arrow

3000 South Elm Place
Broken Arrow, OK 74012
(918) 455-3535
www.saintfrancis.com/brokenarrow

Saint Francis Hospital South

10501 East 91st Street
Tulsa, Ok 74133
(918) 307-6000
www.saintfrancis.com/south/about/default.aspx

South Crest Hospital

8801 South 101st East Avenue
Tulsa, OK 74133
(918)294-4000
www.southcresthospital.com

St. John Medical Center

1923 South Utica
Tulsa, OK 74104
(918) 744-2345
www.stjohnhealthsystem.com

St John Owasso

12451 East 100th Street North
Owasso, OK 74055
(918) 274-5000
www.stjohnhealthsystem.com

Assistance Programs Support Groups

American Cancer Society Coping with Breast Cancer

(918) 743-6767 or 1-800-227-2345
www.cancer.org/docroot/SPC/content/SPC_1_Tips_for_Coping_With_Breast_Cancer.asp

Breast Cancer Network of Strength

Northeastern Oklahoma Affiliate
4606 East 67th Street, Suite 314
Tulsa, OK 74147
(918) 494-8808
www.networkofstrength.org

Young Survival Coalition

Tulsa Area Affiliate
1-866-541-1972 (918) 384-9913
ysctulsa@youngsurvival.org

Assistance Programs

Many services help with medical, dental, and living expenses when individuals face financial challenges associated with breast cancer.

Angel Food Ministries

24-hour hotline
877- 366-3646
www.angelfoodministries.com
Low price quality food

Cancer Care®

800-813-4673
www.cancercare.org
Homecare, transportation, co-pay support

Assistance in Health Care, Inc

PO Box 700392
Tulsa, OK 74170
(918)286-5699
www.assistanceinhealthcare.org/contact.html
Emergency non-medical expenses

Catholic Charities

2450 North Harvard
Tulsa, OK 74115
(918) 949-4673
www.catholiccharitiesinfo.org
Food, clothing

Breast Cancer Assistance Program (BCAP)

Ms Angela Walters
PO Box 470065
Tulsa, OK 74147
(918) 637 8627
www.bcaphund.org
Temporary financial assistance

Cherokee Nation

PO Box 948
Tahlequah, OK 74465
(918) 453-5000
www.cherokee.org/Services/Health/Default.aspx#BCCEDP
Cherokee Nation health services

Breast Cancer Network of Strength

4606 East 67th, Suite 314
Tulsa, OK 74136
(918) 494-8808
www.networkofstrength.org
Emotional relief through peer to peer support

Community Action Project

4606 South Garnett
Tulsa, OK 74146
(918) 382-3200
www.captc.org
Early childhood, financial services

Assistance Programs... Continued

Helping Hands Ministry

700 South Boston
Tulsa, OK 74119
(918) 584-6923
Rent, utilities, medications

Kaw Women's Health Program

(918) 287-4491

Pawhuska Indian Health Center

(918) 762-2517

Pawnee Indian Health Center

www.kawnation.com/Programs/women-hlth.html
Screening services for American Indian women

Loaves and Fishes

11321B East 19th Street
Tulsa, OK 74128
(918) 234-8577
Assistance with food

Oklahoma Cares—Breast and Cervical Cancer Treatment Program is a partnership of the Oklahoma State Department of Health (OSDH), the Oklahoma Health Care Authority (OHCA), the Cherokee Nation, the Kaw Nation of Oklahoma, and the Oklahoma Department of Human Services (OKDHS).

www.ok.gov/health/Disease,_Prevention,_Preparedness/Chronic_Disease_Service/Cancer_Prevention_Programs/_Oklahoma_Breast_and_Cervical_Cancer_Treatment_Program.html

Patient Advocate Foundation Co-Pay Relief

1-866-512-3861
www.copays.org/resources/breast.php
Financial grants for rent, mortgage, utilities, food, car payments, co-pay expenses for certain cancer diagnoses.

Larry W Brummett Foundation Fund

c/o Tulsa Community Foundation
7010 South Yale Avenue, Suite 110
Tulsa, OK 74136
(918) 494-8823
www.larrybrummettfoundation.org
Financial or negotiated in-kind support for daily living needs

Neighbor for Neighbor

505 East 36th Street North
Tulsa, OK 74106
(918) 425-5578
www.neighborforneighbor.org
Bus tokens, utility bill assistance, legal

Oklahoma Department of Human Services

444 South Houston
Tulsa, OK 74127
(918) 581-2401 or 800-734-7516
www.okdhs.org/

Oklahoma Health Care Authority

(405) 522-7300
www.okhca.org/

Oklahoma State Department of Health

(405) 524-3468 ext 0 or
800-955-3468 ext 0

Restore Hope

2060 Charles Page Boulevard
Tulsa, OK 74127
www.restorehope.org
Emergency assistance

Assistance Programs... Continued

Salvation Army Tulsa Area Command
(918) 582-7201 x 256
www.uss.salvationarmy.org/uss/www_uss_tulsa_ac.nsf
Financial emergencies for utility assistance, travel assistance, limited prescription assistance

Tulsa Community Action Center
4606 South Garnett Road, Suite 100
Tulsa, OK 74146
(918)382-3200
www.captc.org
Financial services for low-income families

Tulsa County Social Services
2401 Charles Page Boulevard
Tulsa, OK 74127
(918) 596-5560
www.tulsacounty.org/TulsaCounty/dynamic.aspx?id=716
Emergency shelter, food, and medical assistance

Tulsa Dream Center
200 West 46th Street North
Tulsa, OK 74126
(918) 430-9984
www.tulsadreamcenter.org
Medical, legal, food, clothing, and furniture

Tulsa Project Woman
PO Box 470764 Tulsa, OK 74147-0764
(918) 834-7200
www.tulsaprojectwoman.com
Free Mammography, treatment, education

Prescription Assistance

Prescription savings programs

Abbott Laboratories Prescription Assistance
1-800-222-6885
www.abbottpatientassistancefoundation.org

Astra Zeneca Prescription Assistance
1-800-292-6363
www.astrazeneca.com

Aventis Sanofi-Aventis Prescription Assistance
1-800-981-2491
www.sanofi-aventis.us

Bayer Prescription Assistance
www.bayer.com

Biogen Idec Patient Assistance Program
1-800-456-2255
www.rxassist.org/pap-info/company_detail.cfm?Cmpld=9

Boehringer Ingelheim Prescription Assistance
1-800-243-0127
www.boehringer-ingelheim.com

Bristol-Myers Squibb Patient Assistance
1-800-736-0003
www.bms.com

Forest Pharmaceuticals Inc Patient's Assistance
1-800-851-0758
www.frx.com

Prescription Assistance ... Continued

King Pharmaceuticals Prescription Assistance
1-800-776-3637
www.kingpharm.com

Lilly Care Patient's Assistance Program
1-800-545-6962 Lilly Oncology Assistance
1-866-472-8663
www.lilly.com

Merck & Schering Plough Prescription Assistance
1-908-298-4000
www.schering-plough.com

Merck Patient Assistance Program
1-800-727-5400 Prescription Discount Program 1-800-506-3725
www.merck.com

Needy Meds
www.needymeds.org

Novartis Prescription Assistance
1-800-277-2254
www.novartis.com

Oklahoma Advantage
1-877-RX4-OKLA
www.rx4okla.com

Oklahoma Drug Card
www.oklahomadrugcard.com

OklahomaRx Discount Card
1-800-511-7410
www.okrxdiscount.com

Partnership for Prescription Assistance
1-888-477-2669
www.pparx.org

Pfizer Prescription Assistance
1-866-706-2400 Oncology Assistance
1-877-744-5675
www.pfizer.com

Roche Prescription Assistance
1-877-757-6243
www.roche.com

RxAssist Patient Assistance Program
www.rxassist.org

Sanofi-Aventis Prescription Assistance
1-800-981-2491
www.sanofi-aventis.us

Solvay Pharmaceuticals Patient Assistance Program
1-800-256-8918
www.solvaypharmaceuticals.com

Counseling Services

AMC Cancer Information & Counseling
Line
800-525-3777
www.amc.org/programs.html

Cancer Care®
800-813-4673
www.cancercares.org

LIVESTRONG® Survivor Care Program
866-235-7205
www.livestrong.org/Get-Help/Get-One-on-One-Support

Susan G Komen for the Cure®
877-GO-KOMEN (877-465-6636)
www.komen.org

Triple Negative Breast Cancer
Foundation
877-880-TBNC (877-880-8622)
www.tnbcfoundation.org/helpline.htm

The Tristesse Brief Center
3930 E. 31st Street
Tulsa, OK 74135
(918) 587-1200
www.thegriefcenter.org

Lymphedema Therapy

This therapy is recommended for women who develop lymphedema, swelling of the arm, after surgery or treatment.

Cancer Treatment Centers
Oncology Rehabilitation Dept.
10109 E 79th St
Tulsa, OK 74133
(918) 286-5000 or (800) 931-0599

Saint Francis Hospital
Lymphedema Management Program
(918) 481-2977

St. John Medical Center Chapman
Outpatient Rehabilitation Program
Mary K. Chapman Health Plaza - 4th Floor
1819 E. 19th St.
Tulsa, OK 74104
(918) 744-2476

American Cancer Society
www.cancer.org

CancerCare Linking A.R.M.S.
www.cancercares.org/

Lymphedema Information
www.lymphnotes.com/cats.php

Lymphedema Management
www.acols.com/

National Cancer Institute
www.cancer.gov/

National Lymphedema Network
800-541-3259
www.lymphnet.org/home.htm

Transportation Services

American Cancer Society

4110 South 100th East Avenue
Grant Building Suite 101
Tulsa, OK 74146
(918) 743-6767

www.cancer.org

Road to Recovery provides transportation to chemotherapy or radiation therapy for the Tulsa Area

Angel Flight, Inc

1515 East 71st Street, Suite 312
Tulsa, OK 74136
(918) 749-8992

www.angelflight.com

Out of town medical air travel

Cancer Care®

1-800-813-HOPE (1-800-813-4673)

www.cancercare.org

Provides financial assistance for transportation

Corporate Angel Network

1-866-328-1313

www.corpangelnetwork.org

Out of town medical air travel

MedSupport—Non-emergency Transportation Services

(918) 627-5111

www.medsupport03.com/index.html

Wheel chair transports

National Patient Travel Center

1-800-296-1217

www.patienttravel.org/

Sooner Ride—Oklahoma

1-877-404-4500

www.workworld.org/wwwwebhelp/sooner-erride_oklahoma.htm

Services provided for Medicaid recipients needing transportation to medical appointments

Insurance & Financial Service

American Association of Retired Persons (AARP)

1-888-687-2277

www.aarp.org/health

CancerCare Linking A.R.M.S.

www.cancercare.org/get_help/help_by_diagnosis/diagnosis.php?diagnosis=breast

The Linking A.R.M.S.™ Assistance & Resources Made Simple Program / Susan G. Komen for the Cure® and CancerCare collaborate to assist economically disadvantaged breast cancer patients.

CancerCare Resources

www.cancercare.org/get_help/help_by_diagnosis/resources.php?diagnosis=breast

Centers for Medicare and Medicaid Services

1-800-633-4227

www.cms.hhs.gov

Co-Pay Relief Foundation

1-866-512-3861

www.copays.org

Foundation for Health Coverage Education US

Uninsured Help Line

1-800-234-1317

www.coverageforall.org

Health Well Foundation Financial Assistance

1-800-675-8416

www.healthwellfoundation.org

Insurance & Financial Service... Continued

Life and Health Insurance Foundation for Education
1-888-543-3777
www.lifehappens.org

National Coalition of Cancer Survivorship
1-888-650-9127
www.canceradvocacy.org

Patient's Advocate Foundation Co-Pay Relief
1-866-512-3861
www.copays.org

The Association of Community Cancer Centers
www.accc-cancer.org

Legal Assistance

Information and education on cancer related legal issues

Advanced Directives (American Cancer Society site)
1-800-227-2345
www.cancer.org/treatment/findingand-payingfortreatment/understandingfinancialandlegalmatters/index

Broken Arrow Neighbors
322 West Broadway Avenue
Broken Arrow, OK 74012
(918) 251-7781
www.baneighbors.com
Minor illnesses, food, financial assistance, legal aid

Disability Rights Legal Center/Cancer Legal Resource Center
1-866-843-2572
www.cancerlegalresourcecenter.org
Legal assistance

LawHelp
www.lawhelp.org
Non-profit legal aid providers

Legal Aid Services of Oklahoma, Inc
Northeastern Oklahoma hotline
(918) 428-4357 1-888-534-5243
www.legalaidok.org
Legal assistance

Neighbor for Neighbor
505 East 36th Street North
Tulsa, OK 74106
(918) 425-5578
www.neighborforneighbor.org
Medical, dental, optometric, food, legal, life skills

In-Home Care Services

Affordable Assistance

1921 West Concord Circle
Broken Arrow, OK 74012
(918) 249-4663
www.affordableassistance.com

Agape Health Care Services, Inc.

8523 East 11th
Tulsa, OK 74112
918-245-8000

Amedisys Home Health

5807 South Garnett
Tulsa, OK 74146
918-294-3902

Barnes Home Health Care, Inc.

10820 E 45th St.
Tulsa, OK 74146
918-610-0089

Care Plus Home Care

8030 South Memorial Drive, Suite D-1
Tulsa, OK 74133
918-294-9760

Carter Healthcare, Inc.

One West 36th Street North
Tulsa, OK 74106
918-425-4000

Encompass Home Health of Northeast Oklahoma

5800 E Skelly Drive, Suite 1200
Tulsa, OK 74114
918-524-1100

Gentiva Health Services-Tulsa

7666 E 61st Street, Triad 1, Suite 340
Tulsa, OK 74105
918-250-3636

Girling Health Care, Inc.

6130 East 32nd, Suite 116
Tulsa, OK 74135
918-481-5280

Hillcrest Regional Home Health South

1145 S Utica Street #461
Tulsa, OK 74101
918-579-7842

Image Home Care

6116 S Memorial Drive
Tulsa, OK 74133
918-621-4454

Interim Healthcare of Tulsa

2828 East 51st Street
Tulsa, OK 74105
918-749-9933

Mashovin Home Health Care, Inc.

12131 E Skelly Drive
Tulsa, OK 74128
918-245-3337

Mays Housecall Home Health, Inc.

1312 South Garnett, Suite A
Tulsa, OK 74128
918-437-0620

Millennium Home Health

12129 E Skelly Drive
Tulsa, OK 74128
918-493-6555

Nursefinders of Tulsa

5063 South Yale Avenue
Tulsa, OK 74135
918-664-1634

In-Home Care Services... Continued

One Health

3015 East Skelly Drive, Suite 308
Tulsa, OK 74105
918-712-4200

Saint Francis Home Health

6600 South Yale Avenue
Tulsa, OK 74136
918-488-6888

Specialized Home Nursing, Inc.

7137 South Braden Avenue
Tulsa, OK 74136
918-481-8111

St. John Medical Center Home Health Care

4720 South Harvard, Suite 202
Tulsa, OK 74104
918-747-7901

Supra Home Care of Tulsa

11333 East Pine Street, Suite 10
Tulsa, OK 74116
918-493-1100

Visiting Nurse Association of Tulsa

7875 East 51st Street
Tulsa, OK 74145
(918) 743-9810
www.vnatulsa.org

Comfort Keepers

4815 S. Harvard, Suite 635
Tulsa, OK 74135
918-749-4433

Educational Resources Local

American Cancer Society

4110 South 100th East Avenue
Grant Building Suite 101
Tulsa, OK 74146
(918) 743-6767
www.cancer.org

Breast Cancer Network of Strength

Northeastern Oklahoma Affiliate
4606 East 67th Street, Suite 314
Tulsa, OK 74147
(918) 494-8808
www.y-me.org

Cancer Care Associates

6151 South Yale Avenue
Tulsa, OK 74136
(918) 499-2000
www.okcancercare.com

Cancer Treatment Centers of America

10109 East 79th Street
Tulsa, OK 74133
1-800-931-0599 or (918) 286-5000
www.cancercenter.com

Morton Comprehensive Health Services, Inc

1334 North Lansing Avenue
Tulsa, OK 74106
(918) 587-2171
www.mortonhealth.org

Susan G. Komen for the Cure®

Tulsa Affiliate
5110 South Yale, Suite 415
Tulsa, OK 74135
(918) 392-2745
www.komentulsa.org

Educational Resources Local... Continued

Tulsa Project Woman, Inc
PO Box 470764
Tulsa, OK 74147
(918) 834-7200
www.tulsaprojectwoman.com

Young Survival Coalition
Tulsa Area Affiliate
1-866-541-1972 (918) 384-9913
ysctulsa@youngsurvival.org

Educational Resources National

Advanced Breast Cancer Community
www.advancedbreastcancercommunity.org/news-and-safety

AMC Cancer Research Center Information and Counseling Line
1-800-525-3777
www.amc.org

American Cancer Society
1-800 227-2345
www.cancer.org

American Institute for Cancer Research
www.aicr.org

American Society for Therapeutic Radiology and Oncology (ASTRO)
Radiation Information (703) 502-1550
www.astro.org

American Society of Clinical Oncology (ASCO)
www.cancer.net/portal/site/patient

Association of Cancer Online Resources
www.acor.org

Breast Cancer Network of Strength
1-800-221-2141
www.networkofstrength.org

Breast Cancer Treatment
www.BreastCancer.org

Cancer Care®
1-800-813-4673
www.cancercare.org

Cancer Hope Network
1-877-HOPE-NET 1-877-467-3638
www.cancerhopenetwork.org

Cancer Treatment Centers of America
1-800-931-0599
www.cancercenter.com

Chemo Care
www.chemocare.com

LIVESTRONG Survivor Care Program
1-866-235-7205
www.livestrong.org

Living Beyond Breast Cancer
1-888-753-5222
www.lbbc.org

M.D. Anderson Cancer Center
1-877-632-6789
www.mdanderson.org

Medline Plus
www.medlineplus.gov

National Breast Cancer Coalition
1-800-622-2838
www.natlbcc.org

Educational Resources National... Continued

National Cancer Institute
1-800-422-6237
www.cancer.gov

National cancer specific websites from
ASCO
www.cancer.net/portal/site/

National Center for Complementary and
Alternative Medicine
www.nccam.nih.gov/

National Coalition for Cancer Survivorship
www.canceradvocacy.org/

National Lymphedema Network
www.lymphnet.org

Patient Advocate Foundation
www.patientadvocate.org

Susan G Komen for the Cure®
www.komen.org

Women's Cancer Network
www.wcn.org

Young Survival Coalition
(646) 257-3000 or 1-877-972-1011
www.youngsurvival.org

Prosthetics Mastectomy Products

Bust Stop

8270 East 71st Street
Tulsa, OK 74133
(918)-250-0180
www.buststop.com

Cancer Kick'n Sisters

8030 South Memorial Drive, Ste B
Tulsa, Ok 74133
(918) 252-3111

Cancer Treatment Centers of America

The Fitting Room
10109 East 79th Street
Tulsa, Ok 74133
(918) 286-5000 Ext5701

Chapman Breast Center

1120 South Utica Avenue
Tulsa, Ok 74104
(918) 579-8080

The Fitting Room

1829 South Boston Avenue
Tulsa, Ok 74119
(918) 582-1975

Hanger Prosthetics & Orthotics

2116 East 15th Street
Tulsa, Ok 74104
(918) 742-6464
1-800-383-8321
www.hanger.com

Hanger Prosthetics & Orthotics

6052 South Sheridan Road
Tulsa, Ok 74145
(918) 488-0400 or 1-800-489-4555

Progressive Orthotic & Prosthetics

9511 East 46th Street
Tulsa, Ok 74145
(918) 250-0578 or (918) 663-7077

Soft, Inc

3936 South Hudson Avenue
Tulsa, Ok 74135
(918) 663-3400

Betty Schwartz's Mastectomy Products

www.bettyschwartzs.com

Nearly You Mastectomy Products

1-866-722-6168
www.nearlyyou.com

Prosthetics Wigs/Scalp Prosthetics

Health Insurance companies are required to cover the cost of one (1) new wig (scalp prosthesis) per year up to \$150. Physician order and receipt can be submitted to insurance for reimbursement.

A-1 Beauty Supply & Wigs

5022 South Sheridan Road
Tulsa, OK 74145
(918) 627-3210

Admiral Beauty Supply & Wigs

5016 South Sheridan Road
Tulsa, OK 74145
(918) 627-6430
www.abeauty.com

American Cancer Society

Tulsa Wig Room
Grant Building Suite 101
4110 South 100th East Avenue
Tulsa, OK 74146
(918) 743-6767 or 1-800-227-2345

And Then

4717 South Mingo Road, Suite C
Tulsa, OK 74146
(918) 622-9447

Beauty Etc.

5016 South Sheridan Road
Tulsa, OK 74145
(918) 628-1701

Cancer Treatment Centers of America

10109 E 79th Street
Tulsa, OK
(918) 286-5000 Extension 5701

HR Hair Replacement Services

6155 S Hudson Avenue
Tulsa, OK 74136
(918) 497-1797
www.hr-2000.com

Judi's Wigs

7027 South Memorial Drive
Tulsa, OK 74133
(918) 252-2271
www.judiswigs-hr.com

St John Wig Program

Holliman Medical Building, First Floor
1705 East 19th Street
Tulsa, OK 74104
(In the Oklahoma Oncology and
LaFortune Cancer Center Resource
Center).
(918) 744-3189

Thrift Beauty Supply & Wigs

2622A South Harvard Avenue
Tulsa, OK 74114
(918) 749-4310

Wig Land

2128 South Sheridan Road
Tulsa, OK 74129
(918) 835-8921

Beau Beau Scarves

www.4women.com

BreastCancer.org

www.breastcancer.org/tips/hair_skin_nails/wigs.jsp
Tips on how to cover the costs of wigs

Chemo Savvy Headwear

1-888-599-3560
www.chemosavvy.com

Questions to Ask Your Doctor

Being an informed, active patient is one of the best ways to help you ensure you will get good medical care through all stages of breast cancer management—from diagnosis to treatment to follow-up. Learning about breast cancer and specific diagnosis and treatment options allows you to ask important, guided questions of your doctor.

The doctor you choose is responsible for managing your care. He or she is the best source of information about your condition. You should feel comfortable talking to him or her and asking questions. If you don't feel this way about your doctor then you should consider seeking a second or even a third opinion.

When meeting with your doctor, you should bring a loved one with you. They can help ask questions, take notes and help you recall the answers later. If it's not possible for someone to go with you, bring a small tape recorder to document what was said.

Many people feel scared and/or anxious in the doctor's office and may not know what questions to ask. The following questions will help you interact with your doctor. Thinking about the questions ahead of time will help make the best use of your appointment time. The question cards provide room for you to take notes. Be sure to write down the answers to your questions so you can refer back to them later.

You may contact the Komen Tulsa Affiliate to request an information packet with questions to ask your doctor, or download the following topics from ww5.komen.org/BreastCancer/QuestionstoAsktheDoctorPDFDownloads.html

- **If You Find a Lump in Your Breast** - questions regarding mammography, ultrasound, biopsy, cyst aspiration and non-cancerous breast conditions.
- **When Breast Cancer is Diagnosed** - questions regarding diagnostic testing, types of breast cancer and prognostic factors.
- **About Breast Biopsy** - questions regarding different biopsy options, the biopsy procedure and after effects of the biopsy.
- **About Treatment Choices** - questions regarding different treatment options, breast reconstruction and clinical trials.
- **Before Breast Surgery** - questions pertaining to the surgery (including hospital stay and length), as well as questions pertaining to reconstruction, recovery and post-surgery restrictions.
- **After Breast Surgery** - questions pertaining to recovery, follow-up care and lymphedema.
- **About Reconstructive Breast Surgery** - questions about reconstructive surgery, insurance issues and possible side effects.
- **About Breast Cancer Chemotherapy** - questions regarding chemotherapy treatment.
- **About Radiation Therapy** - questions regarding radiation treatment.
- **About Hormone Therapy** - questions regarding hormone therapy.
- **About Lymphedema** - questions regarding the risk of developing lymphedema, precautions to avoid lymphedema and the treatment of lymphedema.

Questions to Ask Your Doctor

- **If Someone You Love Has Breast Cancer** - suggestions on how to help someone who has been diagnosed with breast cancer, as well as questions regarding the emotional and physical effects of breast cancer.
- **Mammography** - information about preparing for a mammogram, insurance coverage, mammography results and next steps if an abnormality is detected.
- **Genes and Inherited Breast Cancer** - questions regarding genetic counseling/testing, benefits and risks of genetic testing, insurance coverage, confidentiality issues and options for women at a greater risk for breast cancer.

Please visit www.komentulsa.org to download the latest version of the directory as we continually update our resources.

If you are associated with a cancer support group or service that is not included in this list, and would like to see the group listed, please contact us via e-mail ateducation@komentulsa.org



5110 South Yale Avenue
Tulsa, OK 74135
918-744-5099
www.komentulsa.org